

**Myth<sup>TM</sup>**  
Too Real to be True

SPIEZ

## Essential Oil **CAJEPUT**

### Health Benefits of Essential Oils:

- Fights & Kills Infection.
- Removes Nasal Congestion.
- Promotes Perspiration.
- Pain Reliever.
- Skin Enhancer.
- Cures Pimples and Acne.



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## Essential Oil **CARDAMOM**

### Health Benefits of Essential Oils:

- Relieves spasm.
- Prevents microbial Infection.
- Improves Digestion.
- Boosts Metabolism.
- Promotes Urination.
- Cures sexual weakness.



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**Essential Oil**

**CITRONELLA**

## Health Benefits of Essential Oils:

- Fights Depression.
- Relieves Spasm
- Anti-inflammatory.
- Removes Toxins.
- Stimulates Urination.
- Reduces Fever.
- Mosquito & Insect repellant.
- Prevents Stomach disorders.
- Stimulant for Metabolism.



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**Essential Oil**

**LAVENDER**

## Health Benefits of Essential Oils:

- Antiseptic, Anti-inflammatory.
- Relieves Anxiety & Stress.
- Treats Insomnia.
- Anti-depressant, Pain reliever.
- Prevents Hairloss.
- Heals wounds.
- Relieves Bronchial problems.
- Helpful in nausea, vomiting & flatulence.
- Stimulates Digestion.
- Lowers blood pressure & Palpitation.



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**Essential Oil**

**SPEARMINT**

## **Health Benefits of Essential Oils:**

- Helps in Digestion, nausea & vomiting.
- Antioxidant.
- Helps to balance Hormones.
- Reduces facial hair growth.
- Improves Memory.
- Stress Reliever.
- Lowers Blood pressure.



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**Essential Oil**

**TURMERIC**

## **Health Benefits of Essential Oils:**

- Antiseptic.
- Anti-inflammatory.
- Prevents Cancer.
- Improves Blood circulation.
- Detoxification.
- Boosts immunity & Digestion.
- Improves skin & hair quality.
- Boosts cognitive function.
- Improves Heart Health.



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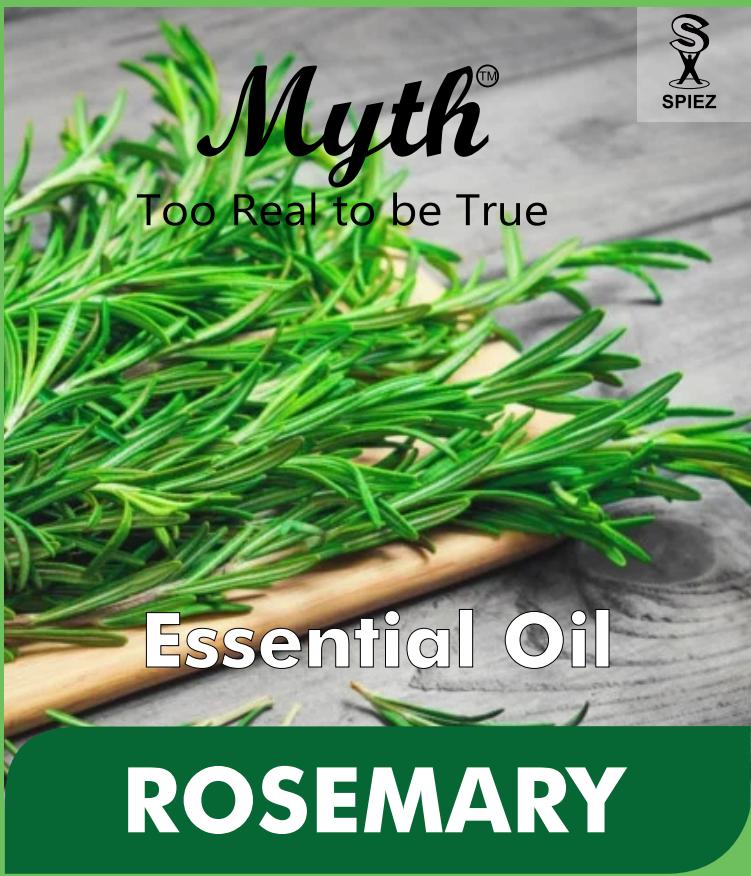
**SPIEZ**

**Essential Oil**

**CLOVE**

## Health Benefits of Essential Oils:

- Skin Health & Acne.
- Antioxidant.
- Helps Digestion.
- Anti Bacterial.
- Boosts immunity & Digestion.
- Protects Liver.
- Anti-inflammatory.



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**Essential Oil**

**ROSEMARY**

## Health Benefits of Essential Oils:

- Stimulates brain functioning & Hair growth.
- Relieves Pain.
- Stress Reliever.
- Boosts Blood Circulation.
- Anti-inflammatory.



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**Essential Oil**

**TEA TREE**

## Health Benefits of Essential Oils:

- Dry skin & Eczema.
- Combats oily skin.
- Comforts itchy skin.
- Anti-inflammatory.
- Treats Dandruff.
- Keeps skin healthy & Moisturizing.
- Treats Acne
- Treats Psoriasis.
- Boosts Immunity.



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**Essential Oil**

**LEMON**

## Health Benefits of Essential Oils:

- Anxiety Remover.
- Antioxidant.
- Prevents weight gain.
- Treats Alzheimer's.
- Refreshes mind, body & Spirit.
- Removes Tan & Dead Skin.



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**EUCALYPTUS**



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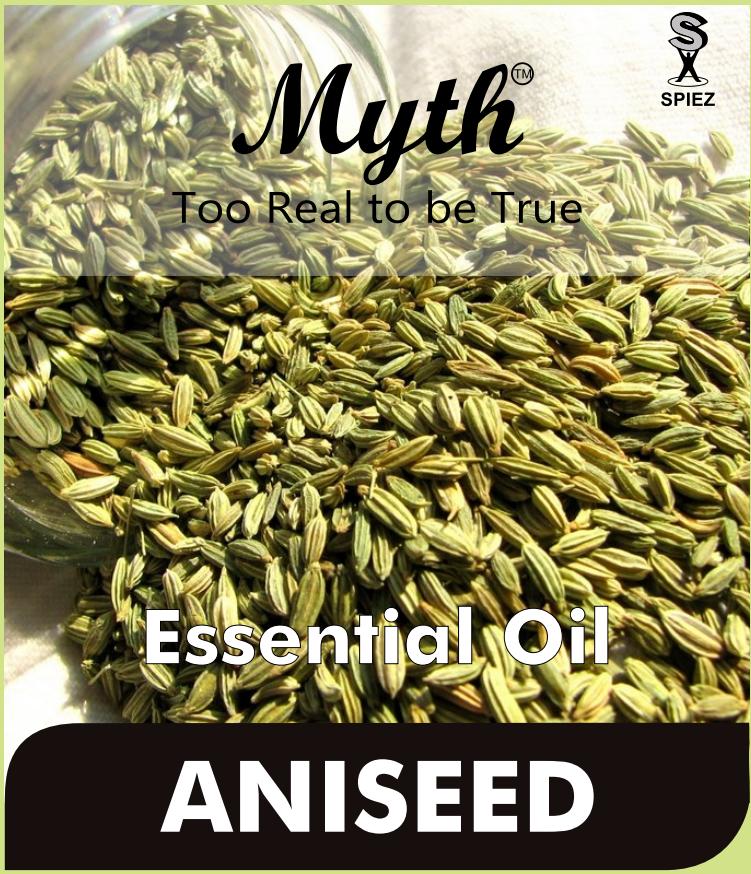
**LEMONGRASS**

## **Health Benefits of Essential Oils:**

- Fights cold & congestion.
- Fights cough.
- Hair Nourishment.
- Good for itchy scalp.
- Keeps Bugs away.
- Reduces Fever & Stress.
- Reduces Bad Odor.
- Good for Joint Pain, Arthritis & Muscle pain.
- Good for Asthma.
- Builds Immunity.
- Deodorant.

## **Health Benefits of Essential Oils:**

- Pain Reliever.
- Antidepressant.
- Heals Wounds.
- Deodorant.
- Stimulates Urination.
- Anti-infection.
- Promotes Lactation.
- Cures nervous disorders.
- Sedative Properties.
- Cures digestive problems.
- Cures Fungal Infections.



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**ANISEED**

SPIEZ

This image shows a close-up of dried anise seeds. Overlaid text includes the brand name 'Myth™' and the tagline 'Too Real to be True'. Below the seeds, the words 'Essential Oil' and 'ANISEED' are prominently displayed in white. A small logo for 'SPIEZ' is in the top right corner.

## Health Benefits of Essential Oils:

- Removes gases from body.
- Body Relaxant.
- Promotes Digestion.
- For Healthy skin.
- Relieves Spasm.
- Stimulates Enzymes & Hormones Secretion.



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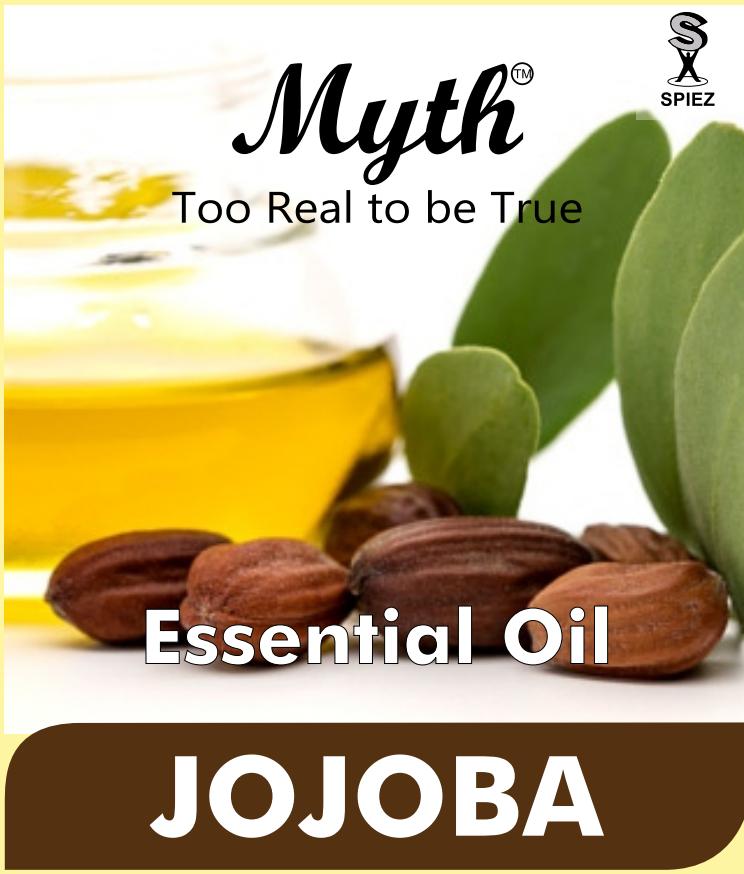
**GINGER**

SPIEZ

This image shows fresh ginger root and leaves. Overlaid text includes the brand name 'Myth™' and the tagline 'Too Real to be True'. Below the ginger, the words 'Essential Oil' and 'GINGER' are prominently displayed in white. A small logo for 'SPIEZ' is in the top right corner.

## Health Benefits of Essential Oils:

- Improves Digestion.
- Heals Infection.
- Clears Respiratory problems.
- Anti-inflammatory.
- Reduces Cholesterol levels.
- High Anti-oxidants.
- Relieves Anxiety.
- Relieves Muscle & Menstrual pain.
- Improves liver Function.



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**JOJOBA**

SPIEZ

A yellow glass bottle of jojoba oil is shown next to several brown jojoba seeds and some green leaves.

## Health Benefits of Essential Oils:

- Face & hair Moisturizer.
- Removes Wrinkles.
- Removes Infection.
- Fights Infection.
- Promotes skin Health.
- Anti-aging.
- Treats scars, sun burns & Acne.
- Thickens Hair.
- Heals Wounds.



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**ROSE MUSK**

SPIEZ

A large pink rose flower is the central image, with a white reindeer logo superimposed on it. The background is dark red.

## Health Benefits of Essential Oils:

- Reduces Depression.
- Antiseptic.
- Helps removing spasm.
- Skin Caring.
- Improves Digestion.
- Improves Liver Health.
- Regulates Menstrual Flow.
- Relieves stress & Anxiety.
- Anti-inflammatory.



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**Essential Oil**

**MELLISA LEAF**

## **Health Benefits of Essential Oils:**

- Anti-depression.
- Mood Enhancer.
- Treats Cold.
- Prevents nervous cold.
- Relieves spasm.
- Relieves Bloating.
- Improves Digestion.
- Prevents Bacterial infection.
- Promotes Sweating.
- Boosts Immunity
- Treats Menstrual problem



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**Essential Oil**

**PEPPERMINT**

## **Health Benefits of Essential Oils:**

- Anti-Bacterial.
- Anti-Viral.
- Anti-Inflammatory.
- Treats Cold and Congestion.
- Treats Headaches.
- Relieves Stress.
- Boosts Energy.

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## Health Benefits of Essential Oils:



- Laxative.
- Natural Moisturizer.
- Heals Wounds.
- Anti-Inflammatory.
- Removes Acne.
- Anti-Fungal.
- Enriches hair & Scalp.

## CASTOR OIL



## Health Benefits of Essential Oils:

- Comforting.
- Heals mind and soothes.
- Benefits burns, blisters, inflammation boils and wounds.
- Can help hypersensitive skin and acne.
- Good for dry and itchy skin.
- Improves skin elasticity.
- Removes anxiety, tension, anger, and fear.
- Very beneficial for insomnia.
- Can treat arthritis & pains.
- Regulates menstrual cycle.

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Essential Oil

MUSCLE PAIN

## Health Benefits of Essential Oils:

- Reduces Headaches, Minor pains & Stomachaches.
- Removes gas & fever.
- Reduces Kidney Problem.
- Helps in Asthma.
- Reduces nerve pain, Arthritis, Joint pain & Menstrual cramps.
- Muscle Relaxant.

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Essential Oil

JOINT PAIN

## Health Benefits of Essential Oils:

- Reduces Joint pain & Menstrual cramps.
- Releases High Blood Pressure.
- Helpful to cure yeast Infection.
- Relieves Acne & common skin Problems.

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**Essential Oil**

**BERGAMOT**

## Health Benefits of Essential Oils:

- Helps Relieve Depression
- Helps Lower Blood Sugar Levels
- Prevents Infections
- Reduces Pain
- Relaxant & Sedative
- Aids in Digestion
- Useful to eliminate the unsightly effects of acne and pigmentation.
- Eliminates Bad Odor
- Reduces Fever
- Relieves Spasms
- Speeds-up Healing
- Beneficial for oily skin.
- Good for respiratory problems.
- Cools and refreshes brain
- Soothing effects on nervous system.

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**Essential Oil**

**NEROLI**

## Health Benefits of Essential Oils:

- Antidepressant.
- Hypnotic and soothing to nerves.
- Regenerates skin cells and improves skin elasticity.
- Helps in curing acne , stretch marks and scarring.
- Natural tranquilizer.
- Relieves anxiety , depression , shock , hysteria .
- Re-energizes confidence and lifts mental lethargy.
- Regulates palpitation and heart.
- Improves blood circulation.
- Eases pain of neuralgia and headaches.



Too Real to be True

## Essential Oil PATCHOULI

### Health Benefits of Essential Oils:

- Relieves Depression.
- Soothes Inflammation.
- Prevents Infections
- Astringent Property.
- Stimulates Blood Circulation.
- Reduces Fever.
- Natural antiperspirant & deodorant.
- Uplifts mood.
- Tonic to nervous system.
- Has diminishing effects on hunger resulting in weight-loss.
- Tightens skin.
- Helps curing eczema, fungal infections , psoriasis & dandruff.
- Improves oily hair and skin.
- Has skin regenerative properties.



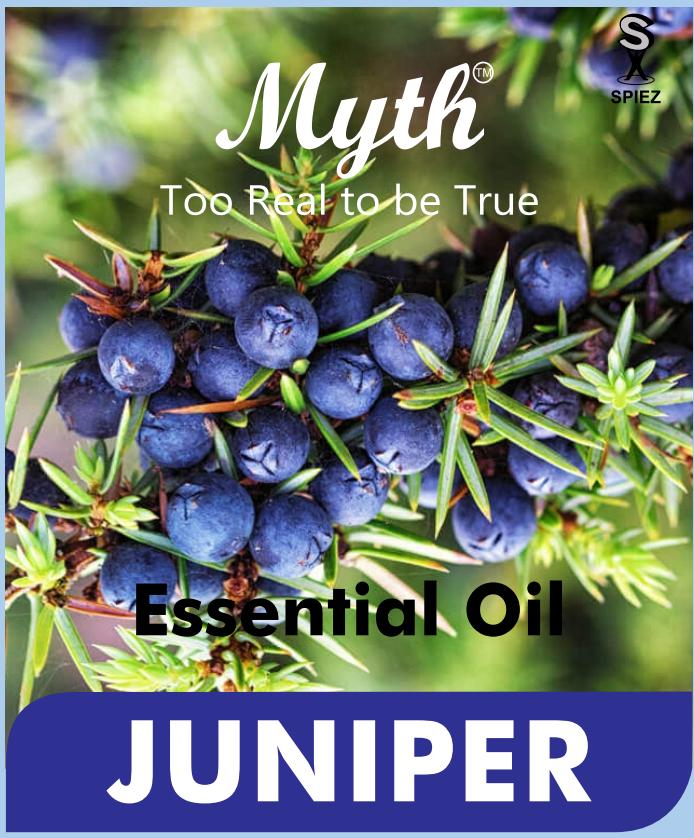
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## Essential Oil

## MANDARIN

### Health Benefits of Essential Oils:

- Appetite Stimulant.
- Clears & balances Liver & Digestive systems.
- Safest remedy for children's Indigestion.
- Uplifting & Revitalizing, Banishes Depression & Anxiety.
- Has Hypnotic effects on central nervous system.
- Tones the skin & Heals Scars and spots, reduces stretch marks.
- Can be used during Pregnancy.
- Clear Acne & Congested or Oily skin.
- Helps with Insomnia.
- It is Non-Toxic & Non-Irritant.



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**Essential Oil**

**JUNIPER**

SPIEZ

This section features a close-up photograph of dark blue juniper berries growing on a green, spiny branch. The word 'Myth' is written in a large, white, cursive font at the top left, with the tagline 'Too Real to be True' underneath it. A dark blue horizontal bar across the middle contains the words 'Essential Oil' and 'JUNIPER' in white. In the top right corner, there is a small logo consisting of a stylized letter 'S' above the word 'SPIEZ'. The background is a soft-focus green.

## Health Benefits of Essential Oils:

- Fights Arthritis & Relieves Cramps.
- Acts as an Astringent.
- Carminative Agent.
- Purifies Blood & Promotes Sweating.
- Treats Stomach issues.
- Speeds up Healing process.
- Treats Acne, Eczema, Blocked pores, lice.
- Treats Skin Diseases and Dandruff.
- Clears, Stimulates & strengthens the mind.
- Detoxifies the liver, Intestines & Bladder.
- Detoxifying Agent.



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**GERANIUM**

SPIEZ

This section features a close-up photograph of vibrant red geranium flowers with green leaves in the background. The word 'Myth' is written in a large, white, cursive font at the top left, with the tagline 'Too Real to be True' underneath it. A dark red horizontal bar across the middle contains the words 'Essential Oil' and 'GERANIUM' in white. In the top right corner, there is a small logo consisting of a stylized letter 'S' above the word 'SPIEZ'. The background is a soft-focus green.

## Health Benefits of Essential Oils:

- Helps Balance Hormones.
- Relieves Depression.
- Improves the Health and Radiance of Skin.
- Helps Tone Muscles.
- Aids Cold Hands and Feet.
- Improves Dental Health and Reduces Bad Breath.
- Menopausal Relief.
- Wrinkle Reducer
- Natural Deodorant
- Possible Alzheimer's Disease and Dementia Preventer
- Tonic to nervous system.
- Insect repellent
- Has positive effects on respiratory system.

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**Essential Oil**

**FRANKINCENSE**

## Health Benefits of Essential Oils:

- As a preservative
- Aids meditation.
- Can ease shortness of breath.
- Stress – reliever.
- Relieves indigestion.
- Can be helpful during menstruation and pregnancy.
- Has calming and focusing effects.
- As an astringent.
- Can assist healing of wounds and sores.
- Uplifts mood.
- Has calming, soothing, and elevating effect on mind.
- Creates elevated atmosphere.

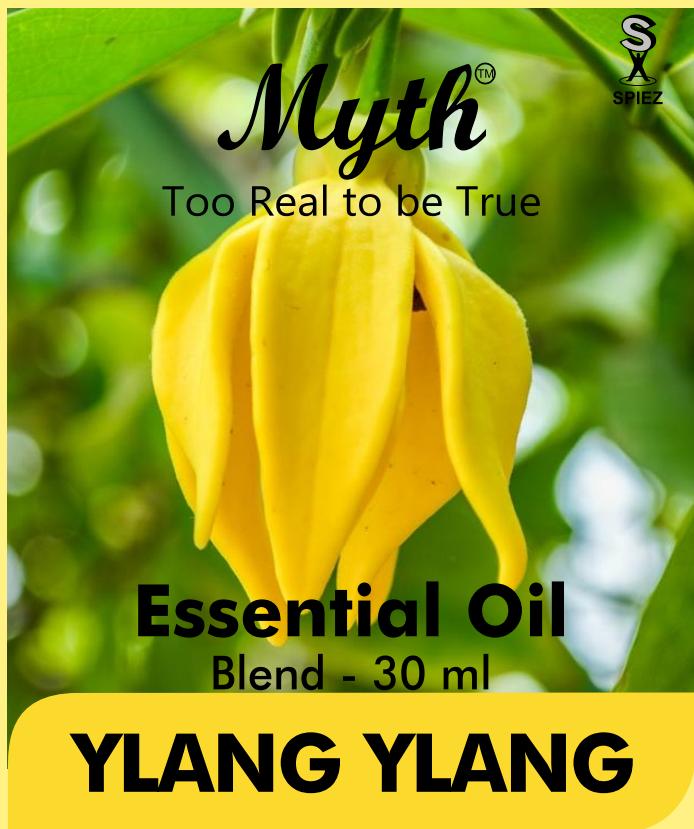
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**TANGERINE**

## Health Benefits of Essential Oils:

- Appetite Stimulant.
- Clears & balances Liver & Digestive systems.
- Safest remedy for children's Indigestion.
- Uplifting & Revitalizing, Banishes Depression & Anxiety.
- Has Hypnotic effects on central nervous system.
- Tones the skin & Heals Scars and spots, reduces stretch marks.
- Can be used during Pregnancy.
- Clear Acne & Congested or Oily skin.
- Helps with Insomnia.
- It is Non-Toxic & Non-Irritant.



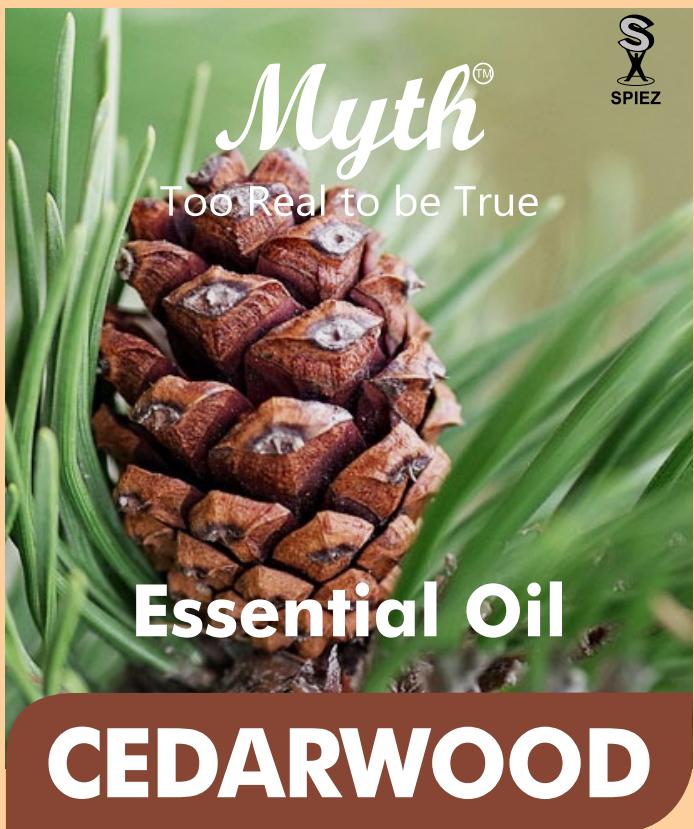
## Health Benefits of Essential Oils:

- Anti-Depressant.
- Anti-Septic & Anti-Inflammatory.
- Lowers High Blood Pressure.
- Sedative.
- Also good for People suffering from Insomnia, Fatigue & Frigidity.
- Balances Hormones & has an Affinity with the reproductive system.
- Good for both, oily & Dry skin.
- Encourages Hair growth.



## Health Benefits of Essential Oils:

- Natural Balancer of Endocrine system.
- Regenerates Skin & Encourages Hair regrowth.
- Alleviates Oily Hair & Dandruff.
- Encourages Clarity of Dream Recollection.
- Helpful in overcoming anxiety & stress.
- Cures Muscle Spasm, Backache, Stiffness & Cramps.
- Cures Throat and Respiratory infections.
- Cools down skin Inflammation & Reduces Puffiness.
- Soothes Digestive Problems.
- Cures Headaches including Migraines.



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**CEDARWOOD**

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SPEZ

## Health Benefits of Essential Oils:

- Treats Eczema
- Prevents Infections.
- Reduces Inflammation.
- Relieves Spasm.
- Stimulates Menstruation.
- Insect Repellant.
- Cures Fungal Infection.
- Relieves Acne, Bronchitis, Dandruff, Stress, Kidney Disorders.
- Helps with Hair loss and stimulates Hair Growth.
- Good for Meditation.
- Has Calming and Soothing Effects.



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**BASIL**

## Health Benefits of Essential Oils:

- Enhances the luster of dull looking skin and Hair.
- Treats acne and skink Infection.
- Improves Digestion.
- Relieves Cold and Asthma.
- Anti-Bacterial, Anti-Fungal & Insect Repellant.
- Relieves Stress and regulates Blood circulation.
- Alleviates Pain.
- Treats Itching.
- Sharpens Senses and Concentration.
- Can Help to Calm Hysteria & Balances nervous Disorders.